

INSIDER

5 reasons your farts smell so bad and what to do about it

By Kelly Burch Mar 7, 2022



This article was medically reviewed by **Jason R. McKnight, MD, MS**, a family medicine physician and clinical assistant professor at **Texas A&M College of Medicine**.

Medically Reviewed



Learn how to manage your smelly farts and avoid that very awkward elevator ride. Peter Beavis / Getty Images

"When all these combined gasses are passed through their system they can sometimes come out smelling bad," says **Abhijeet Waghray, MD, a gastroenterologist with Vanguard Gastroenterology.**