



Expert David Mahjoubi, MD, of Ketamine Healing Clinic of Los Angeles Consulted by Mic Magazine on Benefits & Safety of Ketamine for Depression

Anecdotally, ketamine holds a lot of promise for treating severe depression and other conditions like PTSD, though the research on its efficacy and safety is still developing.

Here's what we know so far about ketamine's use as a mental health therapy. Patients who receive ketamine as a treatment for depression typically get it via IV, a process that takes about an hour, says **Dr. David Mahjoubi, owner of Ketamine Healing Clinic of Los Angeles and an anesthesiologist at Cedars-Sinai Medical Center in Los Angeles.**

People usually get five or six infusions over two weeks and then take "maintenance doses" once a month to once a year, depending on their needs.



Dr. David Mahjoubi is owner of Ketamine Healing Clinic of Los Angeles and an anesthesiologist at Cedars-Sinai Medical Center in Los Angeles.



Ketamine Healing Clinic
of Los Angeles
ketaminehealing.com